

Psychosocial aspects of Marriage and Divorce



- Dr. Harish Shetty

Fact 1

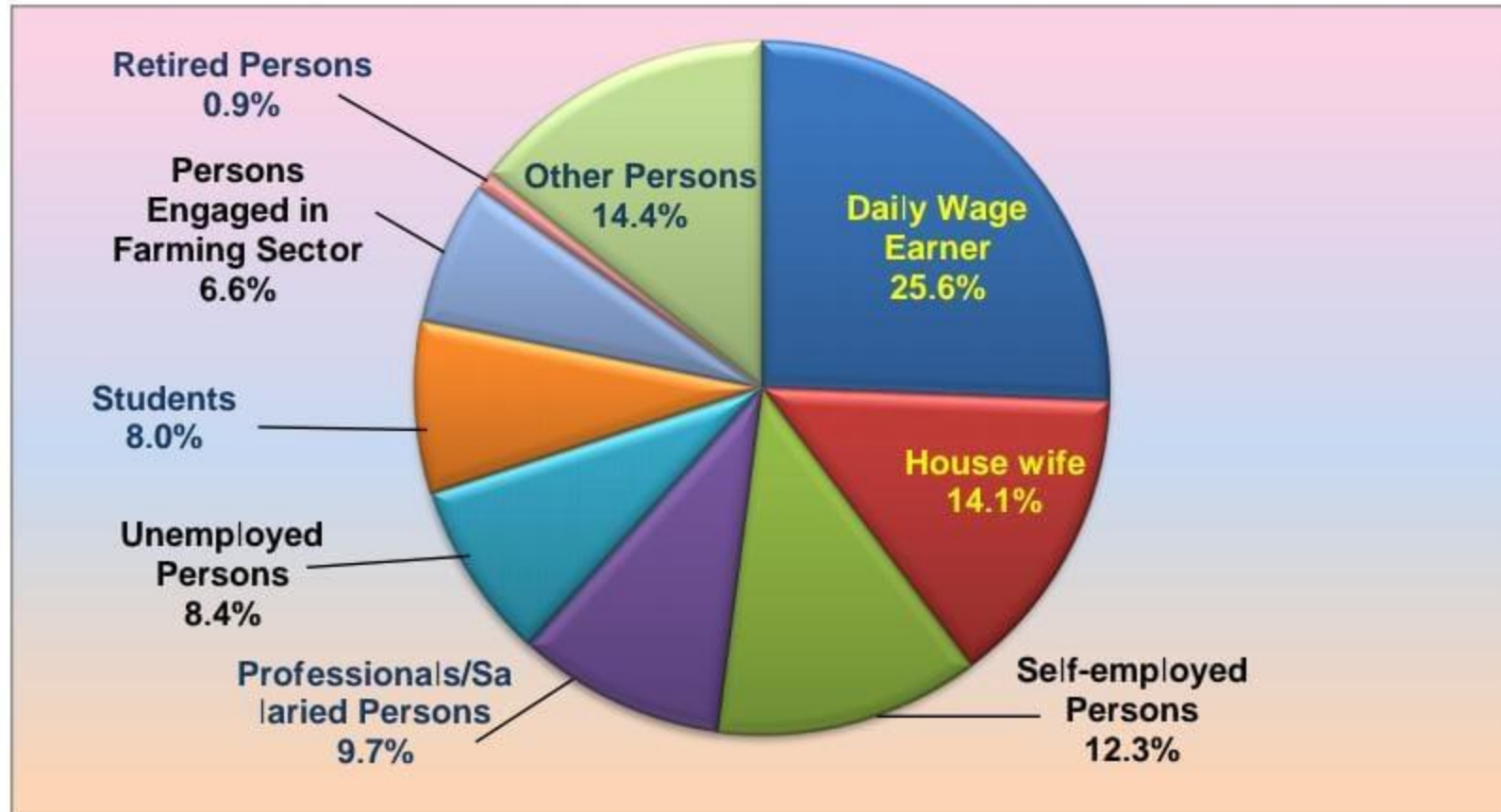
147 patients with mental illness at IMH Chennai :
36% had Consanguineous Marriages

IPS JOURNAL 2005

Fact 3

FIGURE-2.8

Percentage Distribution of Suicide Victims by Profession During 2021

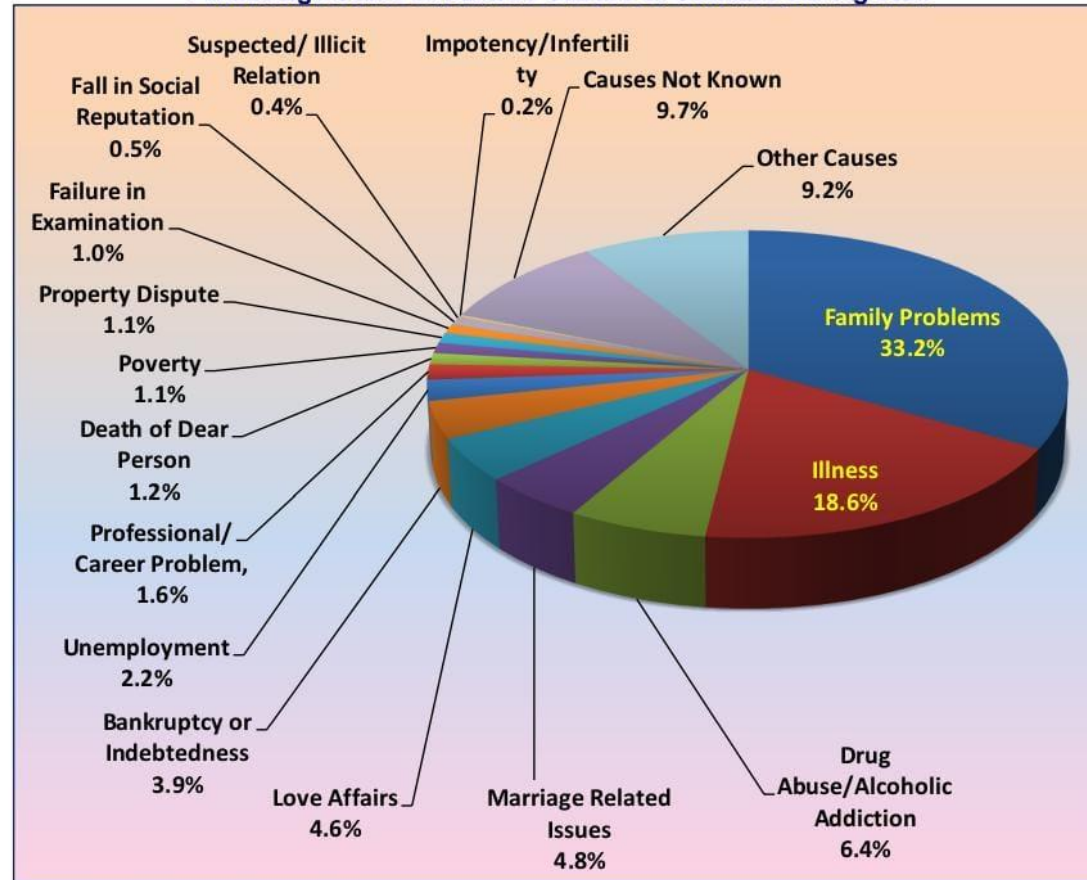


- As per data provided by States/UTs.

Fact 4

ISSUES

FIGURE-2.6
Percentage Share of Various Causes of Suicides During 2021



- As per data provided by States/UTs.

* Figure of Suicides due to ideological causes/hero worshipping, physical abuse (rape etc.) and illegitimate pregnancy included in Other Causes.

Fact 5

LIST-2.1

Number of Suicides, Growth of Population and Rate of Suicides during 2017 - 2021

Sl. No.	Year	Total Number of Suicides	Mid-Year Projected Population (in Lakh ⁺)	Rate of Suicides (Col.3/Col.4)
(1)	(2)	(3)	(4)	(5)
1	2017	1,29,887	13091.6 [#]	9.9
2	2018	1,34,516	13233.8 [#]	10.2
3	2019	1,39,123	13376.1 [#]	10.4
4	2020	1,53,052	13533.9 ^{\$}	11.3
5	2021	1,64,033	13671.8^{\$}	12.0

Source: Report of the Technical Group on Population Projections (November, 2019), National Commission on Population, Ministry of Health & Family Welfare.

\$ Source: Report of the Technical Group on Population Projections (July, 2020), National Commission on Population, Ministry of Health & Family Welfare

+ One Lakh = 0.1 Million

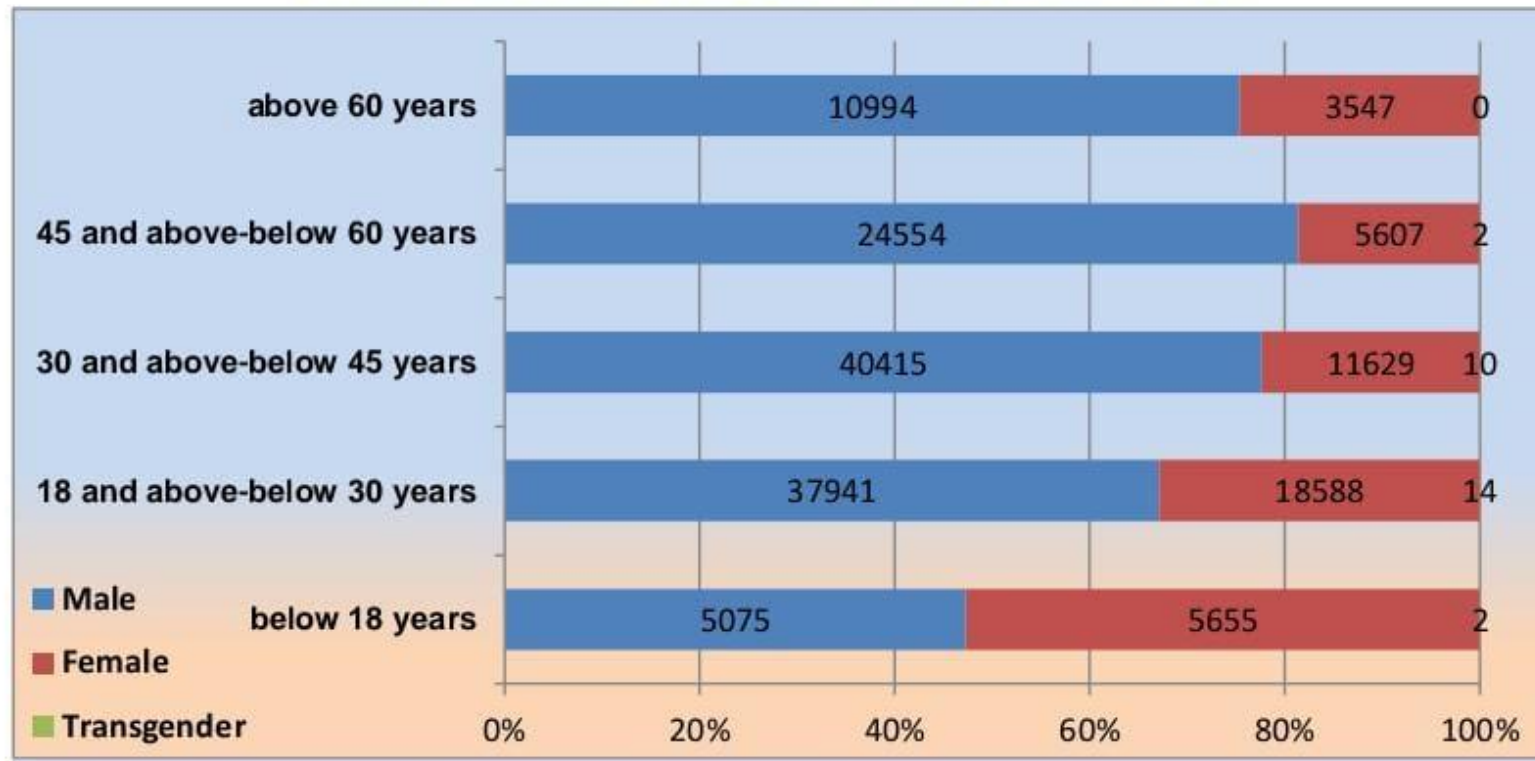
*** Rate of Suicides = Incidence of suicides per one lakh (1, 00,000) of population.

As per data provided by States/UTs

Fact 6

FIGURE-2.7


Suicide Victims by Sex and Age Group during 2021



- As per data provided by States/UTs.

A 38 year old woman threatened suicide and alleged that her husband was abusive. Her parents took her away and threatened the husband. The husband came to me and pleaded that he was not abusive. The wife s Lawyer sent a divorce notice

How will u proceed ?



Depression is very cunning
It can come in many disguises

Fracture is Visible, Depression is Invisible



- Dr. Harish Shetty

Exhaustion can be depression



Fact 7

Marriage is a Mental Health Shield for MEN

Marriage leads to higher rates of DEPRESSION for WOMEN

Fact 8

Children separated from parents in conflict have higher rates of DEPRESSION!

Children of Divorced Parents have higher Psychological Problems

**A healthy parent is all that is
required to raise a normal child**

Dr. Harish Shetty

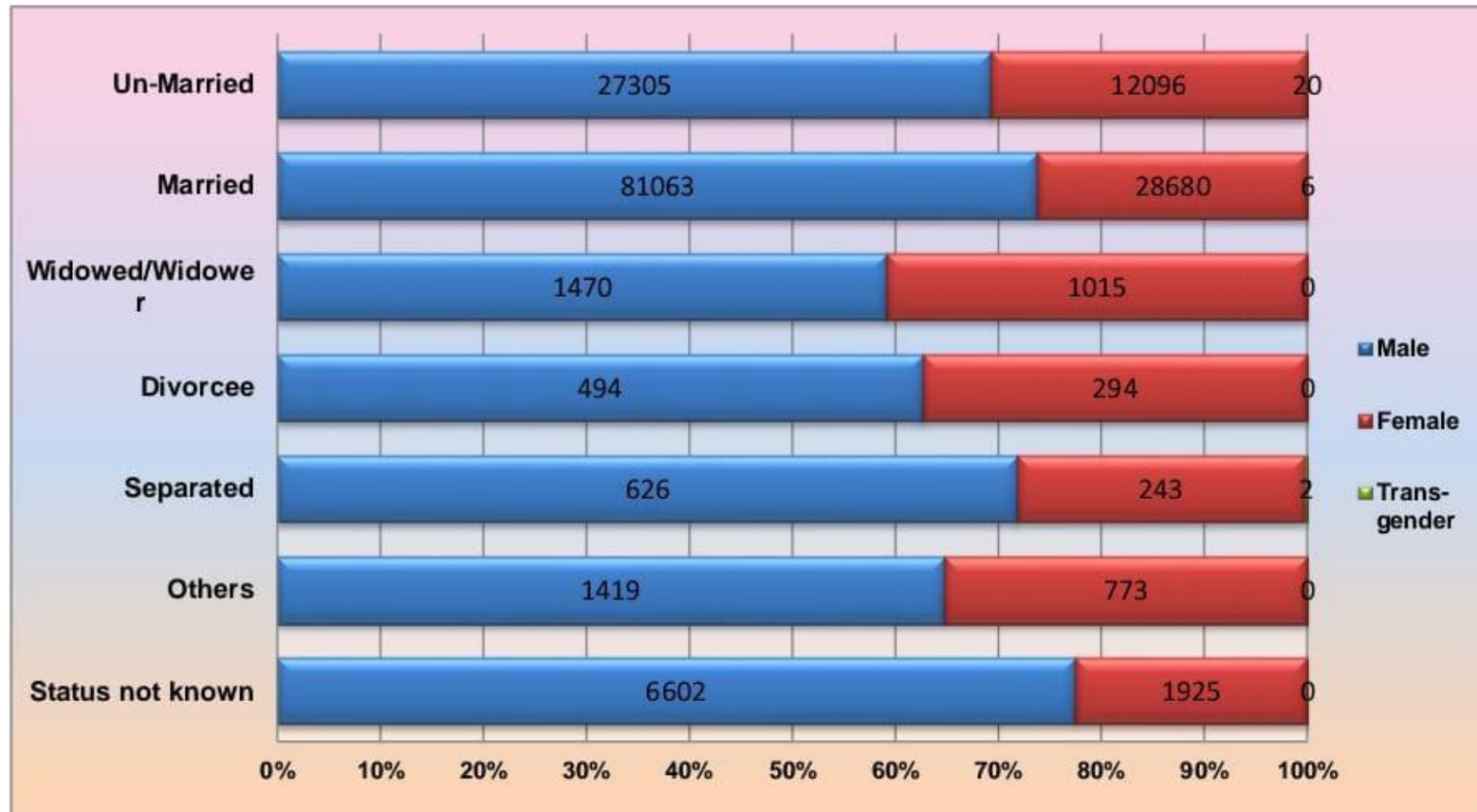
Psychiatrist & National President, My Home India



80 % of DV is due to ALCOHOL : WEST

60 % of DV is due to ALCOHOL : INDIA

FIGURE-2.9
Distribution of Suicide Victims by Social Status during 2021



- As per data provided by States/UTs.

A divorce petition was filed immediately after Covid on the grounds of emotional violence by wife ! Covid did not allow the man to meet the woman for 2 years ! Both were irritable

How will u proceed ?

You Gov Study 2021(impact of Covid on relationships)

3/10 urban Indians + ve impact

1/4 urban Indians : Bond with partner became stronger

1/6 romantic lives strained

Job Satisfaction & Marital Adjustment: Mixed Results International

Journal of Indian Psychology: 2022

A woman filed a divorce case against a man claiming that he was mentally ill and taking medicines . The man claimed that because of the stress of marriage and the constant nagging he became ill and began treatment

How will u proceed ?

Legislative Provisions relate to Marriage & Divorce : A Global Review (2016)

1. Discriminatory Marriage Laws foster Stigma of Mental illness and Social Integration

2. Provisions of marriage laws differentially impact men and women

Legislative Provisions relate to Marriage & Divorce : A Global Review (2016)

3. Presumptions of annulment or divorce provisions appear to be based on stereotypes rather than any concrete evidence of the inability to perform matrimonial duties

4. Unobstructed right to marry and support decision making

A couple living in Australia have two children. One of them is physically disabled. Mom shifts to Mumbai for treatment of the disabled child along with the other kid. One of the kids sees an inappropriate video of her mother. She informed her dad. Hubby allegedly discovers the liaisons of his wife with others. Hubby takes kids to a different city in India and takes care of them with their grandparents. He filed for a divorce. She wants custody and money. Acrimonious fights go on !.

How will u proceed ?

**Intense HATE anywhere interferes
with LOVE everywhere**

Dr. Harish Shetty

Psychiatrist & National President, My Home India





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**Hate is not only INFECTIOUS
but also ADDICTIVE**

Dr. Harish Shetty

Psychiatrist & National President, My Home India



**Hate BLINDS the best
Love AWAKENS the worst.**

Dr. Harish Shetty

Psychiatrist &
All India President, My Home India



Time is NOT ALWAYS the best healer.

Dr. Harish Shetty

Psychiatrist & National President, My Home India

